

**FIVE RIVER CARPENTERS HEALTH & WELFARE FUND
C/O EASTERN IOWA FRINGE BENEFIT FUNDS, INC
5001 J STREET SW, SUITE 100
CEDAR RAPIDS IA 52404
319-366-3623
1-800-847-0113
FAX: 319-362-7272**

2026 COBRA RATES:

Please note the new COBRA Rates effective January 1, 2026

	Old Rates	New Rates Effective 01/01/26
SINGLE		
MEDICAL ONLY	\$739.29	\$687.00
MEDICAL & DENTAL	\$758.12	\$704.00
MEDICAL & VISION	\$743.85	\$690.00
MEDICAL, DENTAL & VISION	\$762.68	\$707.00
EMPLOYEE & 1 DEPENDENT		
MEDICAL ONLY	\$1,344.40	\$1,249.00
MEDICAL & DENTAL	\$1,378.65	\$1,280.00
MEDICAL & VISION	\$1,352.69	\$1,255.00
MEDICAL, DENTAL & VISION	\$1,386.93	\$1,286.00
EMPLOYEE & FAMILY		
MEDICAL ONLY	\$1,923.64	\$1,788.00
MEDICAL & DENTAL	\$1,972.64	\$1,832.00
MEDICAL & VISION	\$1,935.49	\$1,797.00
MEDICAL, DENTAL & VISION	\$1,984.49	\$1,841.00